

# WINTER 2024 POOL SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-8:00		EARLY BIRD		EARLY BIRD		9:00-10:00	ADULT SWIM LESSONS
8:30-9:30	EARLY BIRD		EARLY BIRD		EARLY BIRD	10:30-11:30	PUBLIC SWIM LESSONS
9:30-10:30	AQUACIZE WITH CORI	RENTAL	AQUACIZE WITH CORI	RENTAL	AQUACIZE WITH CORI	12:00-1:00	RENTAL RENTAL
11:00-12:00	ADULT AND TOT'S* SWIM	ADULT SWIM	ADULT SWIM	ADULT SWIM	ADULT AND TOT'S* SWIM	2:00-3:00	RENTAL LESSONS
12:00-1:00	EXPRESS LAPS		EXPRESS LAPS		EXPRESS LAPS	3:15-4:15	PUBLIC SWIM LESSONS
2:00-3:00		RENTAL	TOT'S SWIM	RENTAL		4:30-5:30	PUBLIC SWIM LESSONS
5:45-6:45	PUBLIC SWIM	AQUACIZE WITH CORI	PUBLIC SWIM	AQUACIZE WITH DEBBIE	PUBLIC SWIM	6:00-8:00	RELAXATION RITUAL EVERY 2 SUNDAY
7:00-8:00	ADULT SWIM	ADULT SWIM	ADULT SWIM	ADULT SWIM			

## MAXIMUM SWIMMERS

REGULAR SWIMS: 75  
 TOT'S SWIM (6YRS AND UNDER): 25  
 RENTALS: 25  
 AQUACIZE: 25  
 \*DURING COMBINED SWIMS, TODDLERS WILL ONLY HAVE ACCESS TO THE TOT'S POOL.

## GYM AND RECEPTION OPENING HOURS

SUNDAY TO THURSDAY: 8:30AM TO 8:00PM  
 FRIDAY : 8:30AM TO 7:00PM  
 SATURDAY: 8:30AM TO 6:00PM  
 EXTENDED HOURS FOR MEMBER WITH KEY CARD: 4:00AM TO 10:00PM

